



DEBRA ECKERLING

Goal Strategist, Workshop Leader & Award-Winning Author

Debra Eckerling is the author of *Your Goal Guide: A Roadmap for Setting, Planning, and Achieving Your Goals* (2021 Silver IPPY Award, Self-Help) and creator of the D*E*B METHOD®, for Goal-Setting Simplified. DEB stands for Determine Your Mission, Explore Your Options, Brainstorm Your Path. A goals strategist, corporate consultant, and workshop leader, Debra offers personal and professional planning, event strategy, and team-building for executives, entrepreneurs, consultants, and companies. Debra has spoken on stages for TEDx, VON3, Engaging Virtual Meetings, DWEN, Agorapulse, and more. She is the host of the #GoalChat Twitter chat, #GoalChatLive show, and The DEB Show podcast.



Goal Setting Simplified

PRESENTATIONS

Goal-Setting Simplified Using The D*E*B Method

To get what you want, you need to know what that is. Creating a solid foundation for your goals is key. During this session, you will discover how to create a targeted visualization, write current and future bios, create a mission statement and motto, set personal and professional goals, and craft strategies for personal and professional success.



Goal Setting for Employees Retention

Are your employees checked out? Distracted? Quiet quitting? Reignite your team's interest in their work and your company. The DEB Method corporate workshops are team-building activities, designed to help you - and your employees - identify their personal and professional goals, as well as ways to support them. The result is a mutually beneficial plan, keeping them engaged, productive, and feeling valued.

Goal Strategy for Events

Discover how to get ROI from any live or virtual conference, workshop, or mixer. Learn strategies for deciding what sessions to attend and how to turn the information gathered into action, as well as tips for connecting with speakers, sponsors, and other attendees. This session is perfect for conference hosts who want to get their attendees excited and engaged, as well as companies sending teams to events.

CONTACT DEBRA

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